

# Chelsea Retirement Community

Celebrating the Good Life

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Life doesn't stop at retirement. In fact, your next chapter is just starting. Finally, there's time to pursue passions and interests, travel and take in fresh cultural experiences, make new friends, and enjoy fine dining and spa fitness – every day!

# Sounds fantastic, but who will look after my house, mow the yard, shovel my driveway, you might be asking.

At Chelsea Retirement Community (CRC), you will experience all the things you've been putting off until retirement, while enjoying maintenance-free living in any of our spacious and luxurious independent living residences, created with you in mind. It's also reassuring to know that you can take advantage of CRC's wide-ranging continuum of care should you ever need it, including the state-of-the-art Glazier Commons Assisted Living and Towsley Village Memory Care Center, and our 5-star rated Kresge Rehabilitation and Healthcare Center – without having to leave our beautiful Chelsea campus!

*Sounds interesting* ... Want to know more? Come explore the Chelsea Difference and celebrate the Good Life!



#### Health and Wellness – McMullen Wellness Center

*The jewel in CRC's crown* is certainly the innovative new McMullen Wellness Center, where beauty and imagination meet fitness and physical health. That spa vacation you've always dreamed of is right here at your fingertips, including a full-sized heated pool with easy access ramp, "lazy river" section of the pool to gently build strength and balance, relaxing hot tub with waterfall, luxurious sauna, indoor walking track and state-of-the-art fitness equipment. Health and wellness trainers are on hand to provide fitness evaluations, so you can safely set and achieve your own personalized goals. Take a water aerobics or other exercise class to be in your best shape yet!

#### Gardens and Grounds

*The first thing you will notice* when you begin your tour of CRC is the vibrant color of our beautifully manicured grounds and gardens. Everywhere you look, our campus is in bloom with the flowers and foliage of the season. Our breathtaking gardens, each lovelier than the last, include exquisite cutting gardens, so you can bring the beauty of fresh-cut flowers into your home or share with a friend, lush landscaping just outside the door of your Prairie Cottage or aptly named Garden Home, and courtyard garden spaces you'll find tucked into every corner of our community. Raised garden beds are also available so you can exercise your own green thumb. Even quaint fairy gardens are "hidden" throughout CRC to provide whimsy and fun.

### The Community of Chelsea

*CRC is conveniently located* just a short, tree-lined walk from the heart of downtown Chelsea. There you will find a variety of quaint one-of-a-kind shops, award-winning dining choices like the Common Grill and live performances at the acclaimed Purple Rose Theater. Chelsea is also home to the family-owned Jiffy Mix company! If your interests take you outdoors, golf courses, local parks and trails might be your path to happiness. If concerts, movies or college athletics are more your style, Ann Arbor is only a short drive away. Or, leave the driving to us! Let our transportation system take you where you want to go.

You can also rest easy knowing there is outstanding medical care available just minutes away, should you ever need it. St. Joseph Mercy Health System and Michigan Medicine have teamed up to give you joint expertise that provides excellent, nationally ranked, medical care right in Chelsea.

#### Fine Dining

*Fine dining is a treat* we may reserve for special occasions. Imagine, then, enjoying sumptuous, chef-prepared meals every day of the week in your new CRC home! Our very own award-winning chefs make culinary magic at every meal to nourish your body and tantalize your taste buds. Whether it's formal dining in CRC's Mackinaw Dining Room, or a casual lunch of brick-fired oven pizza or homemade soup and sandwiches in the Fireside Grille, you're sure to enjoy a tasty meal over conversation with new friends, or a cozy table for two. Delectable sweet treats are also made fresh daily in our Kresge Center Bakery. You might never want to cook again!

Not ready to give up your cookbooks and cookie sheets just yet, you say? No worries! Each Independent Living cottage and residence is equipped with a beautiful, fully appointed kitchen to fit your every wish, with such high-end amenities as marble countertops, the latest appliances and plenty of cabinet space. The choice to cook is yours!



## Spiritual

*CRC's faith-based tradition* can be felt throughout our warm and caring community, and our Chapel, with its hourly chimes, is a landmark on our campus. At CRC, we value inclusivity and diversity, and welcome people of all backgrounds and faiths. Our spiritual life team offers a variety of worship services, Bible study groups, as well as opportunities for one-on-one reflection to support you on your faith journey.

### Our Team

The buildings and gardens, however beautiful, do not make a home all by themselves. It is *CRC's fantastic team members* who make life at CRC so special and create a feeling of family for all who live here. From our compassionate caregivers to our dedicated dining team members to our hard-working housekeeping and maintenance crew who make sure everything in your new home is in tip-top shape – you'll soon be on a first-name basis with our friendly team members whose calling is to make life as fulfilling as possible for you. United Methodist Retirement Communities is certified as a Great Place to Work<sup>®</sup>. No wonder it's such a great place to live!



### Arts

*At CRC, we know that healthy aging means staying active and creative.* The arts provide an opportunity to grow, to connect with others, and to express ourselves. It's why our Artful Aging program has been so popular! With classes in pottery, painting, story-telling – even ukulele – you can rekindle an interest you haven't had time for or pursue a new one! Or two!

For more information on starting YOUR new chapter at CRC, visit **TheChelseaDifference.com** or call **734-385-1323**.









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